



Moderate Sedation Test Questions

Practice Guidelines for Sedation and Analgesia By Non-Anesthesiologists

Question 1

On pre-procedure evaluation, it is noted that a patient can only open her mouth 1 cm because of temporomandibular joint disease. Which of the following is most likely?

- A. The patient will have difficulty breathing while awake
- B. It may be difficult to rescue the patient if she stops breathing
- C. The patient is likely to become hypoxic during minimal sedation (anxiolysis)
- D. The patient will require a greater-than-expected dose of sedative medications

Question 2

Following administration of midazolam and meperidine for colonoscopy, a patient becomes sedated to the point where his airway is partially obstructed, but he responds purposefully following painful stimulation. This corresponds to which of the following levels of sedation?

- A. Minimal sedation
- B. Moderate ("conscious") sedation
- C. Deep sedation
- D. General anesthesia

Question 3

Findings of the pre-procedure evaluation should be reconfirmed at which of the following times?

- A. Only if a complication occurs
- B. Within a week before the procedure
- C. On the day before the procedure
- D. Immediately before the procedure

Question 4

Practitioners administering midazolam and meperidine for moderate sedation should be able to rescue patients if they slip into an unintended level of _____.

- A. Minimal sedation
- B. Moderate sedation
- C. Deep sedation
- D. General anesthesia

Question 5

Practitioners administering propofol or methohexital for moderate sedation should have the skills and training to rescue patients if they slip into an unintended level of _____.

- A. Minimal sedation
- B. Moderate sedation
- C. Deep sedation
- D. General anesthesia

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Question 6

An otherwise healthy patient requires moderate sedation for elective cardiac catheterization. He should not consume clear liquids for a minimum of how many hours before the beginning of the procedure.

- A. 1
- B. 2
- C. 4
- D. 6

Question 7

Continuous electrocardiographic monitoring is recommended for each of the following EXCEPT:

- A. Healthy patient undergoing moderate sedation
- B. Healthy patient undergoing deep sedation
- C. Patient with congestive heart failure undergoing moderate sedation
- D. Patient with irregular pulse undergoing moderate sedation

Question 8

A patient who is breathing supplemental nasal oxygen develops complete airway obstruction during moderate sedation. Which of the following is likely to occur first?

- A. Decrease in oxygen saturation reading by pulse oximeter
- B. Cessation of breath sounds
- C. Sinus bradycardia on electrocardiogram
- D. Hypotension on automate blood pressure cuff

Question 9

A specific individual should be dedicated to monitor patients during sedation and analgesia. During moderate sedation, this individual may assist with an endoscopic procedure under which of the following circumstances?

- A. They do not leave the procedure room for more than five minutes
- B. The alarms of the pulse oximeter are activated
- C. The tasks are minor and interruptible and monitoring is maintained
- D. Supplemental oxygen is administered

Question 10

During moderate sedation, an individual with advanced life support skills must be available _____.

- A. Within the procedure
- B. Within five minutes
- C. Within ten minutes
- D. By calling "911"