FIBERGLASS CASTS

Contact your doctor if you have any problems with your cast. Do not go to the hospital for repairs. Casts are repaired in the office. If you are having a cast repaired bring crutches as it will be necessary to be non-weight bearing until the cast dries. If you are having a lower extremity cast removed bring crutches and shoes.

CAST CARE:

- Do not walk on cast for four hours after application.
- Blot with towels or reposition limb to allow drying.
- **Keep cast dry.**
- Do not put things into the cast. This would be injurious to the skin.

REASONS TO CONTACT YOUR DOCTOR:

- Excessive swelling even after elevation of the affected limb.
- Cast feels too snug or tight.
- Cast becomes wet, loose, broken or cracked.
- Painful rubbing or pressure develops beneath the cast.
- A sensation of “pins and needles” under the cast.
- Numbness or pain in the affected limb.
- Continual coldness, whitish or bluish discoloration of casted limb.
- Drainage on the cast.
- Foul smell from the cast.

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